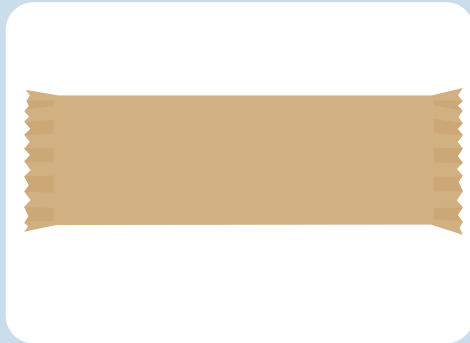
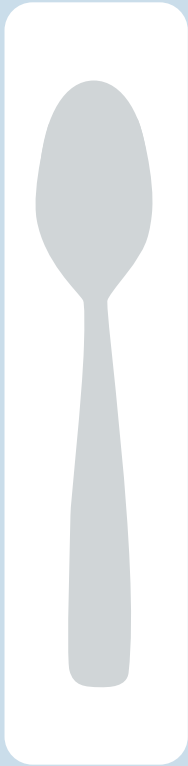
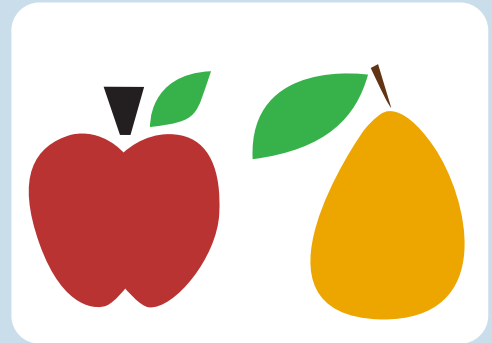




GLYCEMIC INDEX HEALTHY LUNCH BOX



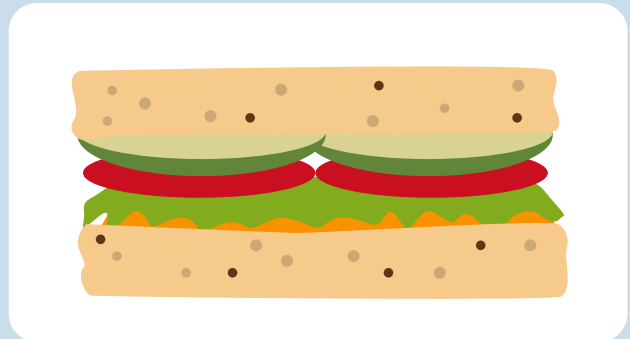
GRAIN & FRUIT BAR



APPLE OR PEAR



YOGHURT



SALAD SANDWICH ON WHOLEGRAIN BREAD

Healthy low GI foods provide a steady supply of fuel to the brain, improving concentration. Plus, provides sustained energy for playground fun!